

Suicide-Grief Resources

The information in this listing was obtained from those working in the mental health profession. This is solely to assist you in gaining further information regarding this difficult subject as you see fit. We do not endorse the content of the websites or the services of the help lines.

Suicide prevention telephone services:

National Suicide Prevention: 1.800.784.2433

National Suicide Prevention Lifeline: 1.800.273.8255

Houston Crisis Intervention: 713.468.5463 or 1.800.Suicide

713.526.8088 En Espanol

713.529.8336 Teen Line

National Youth Crisis Hotline 713.488.4663

Harris County Mental Health Helpline 713.970.7000 or 1.866.970.4770

Local Centers and Services:

Bo's Place	www.bosplace.org	713-942-8339
The Cooper Foundation	www.thecooperfoundation.org	832-623-9966
It's Okay to Cry	www.itsokaytocry.org	713-433-6059
Crisis Intervention of Houston	www.crisishotline.org	713-HOTLINE/713-468-5463
	www.teenlinkhouston.org	713-529-8336
Survivors of Suicide group (part of Crisis Intervention of Houston)		
	www.crisishotline.org/how_survivors.html	713-527-9864
	www.survivorsofsuicide.com	
Champions Christian Counseling Center	www.cccctomball.com	281-357-4111
Depelchin's Children's Center	www.depelchin.org	713-730-2335
Family Services of Greater Houston	www.familyservices.org	713-861-4849
Shield Bearer Counseling Centers	www.fightingforhearts.org	281-894-7222
Liberty Path Counseling Center	www.libertypath.org	281-890-0224
Pathway Counseling Center		281-469-4200

Web Sites and Organizations:

The Fierce Goodbye Living in the Shadow of Suicide: <http://www.fiercegoodbye.com> is a site dedicated to a “faith-based perspective on suicide” produced by Mennonite Media. The site includes family stories, articles and links on topics related to suicide and a Tell Your Story section.

American Psychological Association: www.apa.org

is the website for mental health professions but also does have information on depression and suicide for the general public.

American Foundation for Suicide Prevention: <http://www.afsp.org>

is the leading not-for-profit organization exclusively dedicated to understanding and preventing suicide through research and education, and to reaching out to people with mood disorders and those impacted by suicide

Bo’s Place: <http://www.bosplace.org>

is a Houston resource which provides free grief support services to children and their families after the death of a parent or sibling. Bo's Place also offers the LIGHT (Looking Inward Grieving and Healing Together) Program, an eight week grief support program for families with children ages 5 to 18 whose parent or sibling has died in a traumatic or sudden way including through suicide. 713.942.8339

GriefShare: <http://griefshare.org>

GriefShare is a Christ centered, biblically based 13 session seminar and support group for people grieving the death of someone close. There are thousands of GriefShare support groups across the United States. You may find the location of such groups by entering your zip code on their website. For information about GriefShare at Cypress Bible Church, go to www.cypressbible.org and in the Quick Menu link to our Support/Recovery link under **Ministries** and Suicide Resources under **Resources**.



Sundays, Out Reach House
Cypress Bible Church
4:00pm – 5:30pm

“If the sign is out, we’re meeting.”